|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Median minutes of transport-related physical activity on average per day** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | Median minutes | Inter-quartile range | n | Median minutes | Inter-quartile range | n | Median minutes | Inter-quartile range |
| 18-29 | 260 | 0.0 | 0.0 - 12.9 | 236 | 0.0 | 0.0 - 4.3 | 496 | 0.0 | 0.0 - 7.1 |
| 30-44 | 460 | 0.0 | 0.0 - 0.0 | 502 | 0.0 | 0.0 - 7.1 | 962 | 0.0 | 0.0 - 7.1 |
| 45-59 | 438 | 2.1 | 0.0 - 15.0 | 471 | 0.0 | 0.0 - 10.0 | 909 | 0.0 | 0.0 - 15.0 |
| 60-69 | 295 | 0.0 | 0.0 - 0.0 | 301 | 0.0 | 0.0 - 0.0 | 596 | 0.0 | 0.0 - 0.0 |
| **Total** | **1453** | **0.0** | **0.0 - 12.9** | **1510** | **0.0** | **0.0 - 7.1** | **2963** | **0.0** | **0.0 - 7.1** |
| Area |  |  |  |  |  |  |  |  |  |
| Rural | 432 | 0.0 | 0.0 - 17.1 | 446 | 0.0 | 0.0 - 7.1 | 878 | 0.0 | 0.0 - 10.0 |
| Urban | 1021 | 0.0 | 0.0 - 2.9 | 1064 | 0.0 | 0.0 - 4.3 | 2085 | 0.0 | 0.0 - 4.3 |